

# Wellbeing and Spirituality

## Forum with Professor Holly Nelson-Becker

16 August 2019 | Selwyn Heights, Hillsborough



The University of Auckland, The Selwyn Foundation and Mercy Hospice are proud to host academic, author and visiting Seelye Fellow Professor Holly Nelson-Becker in Aotearoa New Zealand. Professor Nelson-Becker is a recognised expert in social gerontology and a Hartford Faculty Scholar in Geriatric Social Work who has investigated the pathways to resilience and wellbeing in older adults. She has explored spirituality, end-of-life, and diverse cultural expressions related to social care. Her research areas focus on virtues, ageing, spiritual and religious coping in older adults, and inter-professional practice in palliative care.

Join us for a day of shared insights into Hauora/Wellbeing, Wairua/Spirituality and End of Life Preparation. Particularly in how our experiences connect with the rest of the world.

### Forum Agenda - Wellbeing and Spirituality at End of Life

9.10am	Journey, experience and development of guidelines for ageing and spirituality	Prof Nelson-Becker
10.30am	Morning tea	
10.45am	Spirituality in New Zealand	Rev Caroline Leys
11.30am	The medical profession and the place of Spirituality in Health services	Dr Richard Egan
12.15pm	Lunch	
12.45pm	Maori perspective	Dr Tess Moeke-Maxwell
1.30pm	Measuring aspects of wellbeing	Dr Rosemary Frey
2.30pm	Mix and mingle with tea and coffee	

To register visit: [selwynfoundation.org.nz/learning](https://selwynfoundation.org.nz/learning) or contact Amanda Harkness on 815 4025 or [Amanda.harkness@selwynfoundation.org.nz](mailto:Amanda.harkness@selwynfoundation.org.nz)